

PRACTICE RESOURCES DURING COVID-19

A postcard resource guide that can be used by providers



GENDER AFFIRMING CARE: CULTURAL COMPETENCE (PART 1)

Cultural Competence is a foundational pillar for reducing health disparities through culturally sensitive and unbiased quality care. In the wake of COVID-19, culturally competent approaches to care are more necessary than ever. [AHRQ](#) and [Boston Medical Center](#)

CULTURAL COMPETENCE IN CARING FOR THE LGBTQIA+ POPULATION

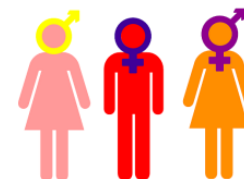
- ▶ Watch a [panelist of doctors](#) describe their experiences in engaging with Lesbian, Gay, Bisexual, Transgender, Queer, Intersex and Asexual (LGBTQIA+) population.
- ▶ Learn about [establishing relationships](#) and avoiding communication missteps.
- ▶ Watch [effective communication](#) strategies and lessons learned.



Click on images



- ▶ Watch a webinar on strategies in addressing providers' [unconscious and implicit bias](#).
- ▶ Learn more about health care approaches for [LGBTQIA+](#) indigenous communities.
- ▶ Watch movie documenting the experiences of [two spirit](#) and third-gender indigenous people in California.



Click on images



RESOURCES WHEN ENGAGING WITH FAMILIES

Children and Adolescents

- ▶ Learn evidence-based [behavioral health care approaches](#) including affirming techniques that can be used by providers (recorded webinar).
- ▶ Learn how providers can [apply best practices in serving gender-diverse families by providing resources](#) and appropriate referrals.
- ▶ Learn and understand the [experiences of transgender and gender-diverse youth](#) and their families when accessing health care services (recorded webinar).

Older Adults

- ▶ Explore strategies to engage internal and community resources to support [gender-diverse older members](#) during COVID-19 (recorded webinar).
- ▶ Learn how to support LGBTQIA+ older adults with [housing and healthcare needs, provide affirming referrals for supportive services and offer inclusive health care environments](#).

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GENDER AFFIRMING CARE: CULTURAL COMPETENCE (PART 2)

Cultural Competence is a foundational pillar for reducing health disparities through culturally sensitive and unbiased quality care. In the wake of COVID-19, culturally competent approaches to care are more necessary than ever. [AHRQ](#) and [Boston Medical Center](#)

RESOURCES FOR RACIAL AND ETHNIC MINORITY GROUPS WITHIN THE LGBTQIA+ COMMUNITY

- Find out the unique challenges and barriers to care faced by [racial and ethnic minority groups](#) in the LGBTQIA+ community and how to provide culturally responsive care (recorded webinar).
- Learn ways of addressing the [mental health needs](#) of LGBTQIA+ impacted by COVID-19.
- Learn and understand the [experiences of transgender and gender-diverse Black Indigenous and People of Color](#) when accessing health care services (recorded webinar).

TRAINING RESOURCES FOR PROVIDERS ON GENDER AFFIRMING CARE

	Source	Topics
  	Quality Interactions	Offers multiple cultural competency courses that include clinical certificates. Example of a topic includes Creating a Welcoming Environment for LGBTQIA+ individuals.
	National LGBTQIA+ Health Education Center	Offers multiple learning resources and provides individualized training on topics affecting LGBTQIA+ population in health care. Most courses are free.
	San Mateo Pride.Org	Offers LGBTQIA+ focused trainings in building cultural humility and creating more equitable environments.
	LGBTQIA+/2S Collaborative	Offers multiple infographic materials and brochures regarding health care issues affecting LGBTQIA+ populations.
	UCSF Lesbian, Gay, Bisexual and transgender Resource Center	Offers multiple articles, publishing and on-line trainings.