



# Show Your Support for Mental Health Awareness on October 10<sup>th</sup>

In 2022, health centers offered mental health services to 2.7 million people in the U.S.

Barriers or questions  
about how to access care?  
Call the HCA for free advice  
888-804-3536

#MENTALHEALTHMATTERS

<https://www.cdc.gov/nchs/data/>