



# Mental Health Transition of Care Tools

Medi-Cal Managed Care members that need a higher or lower level of mental health care will benefit from learning about **Transition of Care Tools (TCT)**. TCTs ensure a smooth transition and continuity of care when moving between health care systems.

“A better way to help patients get coordinated care.”



## Who are they for?

- Patients with mental health needs
  - Youth or Adults
  - Currently receiving mental health services from either Medi-Cal Managed Care Plan (MCP) or a County Mental Health Plan (MHP)

And

- Who need to transition all or some of their mental health care from a MCP to a MHP or vice versa.



## How do they work?

TCTs streamline the referral process by providing a standardized framework for transferring patient information and ensuring essential details are communicated effectively between systems of care.



## How can these tools help ?

Here are a few ways TCTs can help:

- **Documents** member demographics and behavioral health needs/history to ensure a smooth transition to MCP or County MHP to receive an appropriate level of mental health care.
- **Accommodates** both adults and youth by capturing comprehensive Member and Provider information.
- **Supports** timely and coordinated care transitions between MCP and MHP for individuals receiving mental health services.



## How can I access TCTs?

If your provider says you need a higher or lower level of mental health, **and you agree**, make sure a TCT is completed. Call your Medi-Cal Managed Care Plan or your treating provider to confirm.



**If you disagree** with the level of care change or have any challenges **call the HCA.**