Mental Health Transition of Care Tools

Medi-Cal Managed Care members that need a higher or lower level of mental health care will benefit from learning about Transition of Care Tools (TCT). TCTs ensure a smooth transition and continuity of care when moving between health care systems.

Who are they for?
- Patients with mental health needs
  - Youth or Adults
  - Currently receiving mental health services from either Medi-Cal Managed Care Plan (MCP) or a County Mental Health Plan (MHP)
- Who need to transition all or some of their mental health care from a MCP to a MHP or vice versa.

How do they work?
TCTs streamline the referral process by providing a standardized framework for transferring patient information and ensuring essential details are communicated effectively between systems of care.

How can these tools help?
Here are a few ways TCTs can help:
- **Documents** member demographics and behavioral health needs/history to ensure a smooth transition to MCP or County MHP to receive an appropriate level of mental health care.
- **Accommodates** both adults and youth by capturing comprehensive Member and Provider information.
- **Supports** timely and coordinated care transitions between MCP and MHP for individuals receiving mental health services.

How can I access TCTs?
If your provider says you need a higher or lower level of mental health, **and you agree**, make sure a TCT is completed. Call your Medi-Cal Managed Care Plan or your treating provider to confirm.

If you disagree with the level of care change or have any challenges, **call the HCA**.

Contact your local HCA partner for free help at 1.888.804.3536 Healthconsumer.org